

90 minutes' listening – 90 minutes' pause

. . . this is what life is like at Atlantis. During listening training, adults can expect, in particular, to relax, sleep, paint or do puzzles. In the children's centre, a rich array of toys is available to the children. They are encouraged to be creative and do handicrafts, build, weave, paint, play or simply dream. Children and parents are spatially separated from each other. When this is not possible, at Atlantis there is also a mother and child area, in which both can experience the therapy together.

The pauses are primarily intended as recovery periods. The therapeutic game (spieltherapeutische Gerät) is a strong attraction for children up to 1.5 metres in height and offers many movement possibilities. Table tennis and table football are also very popular with young and old alike. Children are generally accompanied by a parent – initially the mother because of the close ties in the high filter phase – or by both parents. The therapeutic effect is reinforced if the parents can experience and understand the method themselves. For this reason, one of the parents can take part in the listening training free of charge.

Listening times in the Atlantis Institute

Day	Group 1	Group 2
Monday to Friday	08.30 - 10.00	10.00 - 11.30
	11.30 - 13.00	13.00 - 14.30
	14.30 - 16.00	16.00 - 17.30
Saturday	08.30 - 10.00	10.00 - 12.00
	12.00 - 14.00	14.00 - 16.00
Sunday	08.00 - 09.30	09.30 - 11.00
	11.00 - 12.30	12.30 - 14.00

Listening times in the Mozart Brain Lab Institute

Day	Group 1	Group 2
Monday to Friday	08.20 - 09.50	09.50 - 11.20
	11.20 - 12.50	12.50 - 14.20
	14.20 - 15.50	15.50 - 17.20
Saturday	08.20 - 09.50	09.50 - 11.50
	11.50 - 13.50	13.50 - 15.50
Sunday	08.00 - 09.30	09.30 - 11.00
	11.00 - 12.30	12.30 - 14.00